

Armenian Speaking Multi-Media Mental Health Outreach Project Launched



The LACDMH Eastern European/ Middle Eastern (EE/ME) Under Represented Ethnic Populations (UREP) Committee has launched a multi-lingual, multi-media outreach campaign. One announcement features our own, Anna Yaralayan, Ph.D.

Local cable station, *Armenian-Russian Television Network* or ARTN/Shant, produced, hosted and aired multiple mental health talk shows in Armenian and Russian.

The campaign consists of forty-four (44) LACDMH approved mental health segments that inform the Armenian community about common mental health issues, services and resources. The talk shows increase knowledge and awareness about mental health in the Armenian community by providing information and assistance to consumers who may be unaware of mental health services or who may avoid getting help due to the stigma attached to a diagnosis.